

HIGH HUMIDITY

At 70% it Rains



High humidity inside a home is a major contributor to interior mold growth. When sweating on the walls, ceilings, and windows appears...you know there is too much moisture in the air.

Maintaining humidity levels to around 35-45% is ideal, however, slightly higher levels are acceptable too. In fact, some people with sinuses, allergy, or even asthma will breathe easier with a little more moisture in the air.

However, too much and you will feed the mold spores in the home. Some lighter molds can grow from the humidity in the air. Rock fountains, fish tanks, and even too many interior plants can raise the humidity level inside your home.

Providing air movement can help to reduce the humidity, but removing a water source is better and far less expensive than the alternative.

Good in-door air quality does not just happen on it's own!